



ELENA SÁENZ

A W A R D S & N O M I N A T I O N S

A C T R E S S

Best Supporting Actress Candidate Premios Unión de Actores 2024

(Equivalent to the SAG-AFTRA Awards in Spain)

For my role in the #1 world Netflix series 'El Silencio' ('Muted').

Best Supporting Actress Nominee The Off West End Theatre Awards - The Offies 2019

(London Awards for Independent Theatre Off West End, similar to Off Broadway)

For my role in the Isabel Allende's 'The House of The Spirits' theatre adaptation, by Caridad Svich, Winner of the *2011 American Theatre Critics Association Francesca Primus*.

Best Actress Mostra de Curtas Vila de Noia 2018

(International Film Festival qualifying for the Goya Awards, the Spanish Oscars)

For my lead role in the short film written and directed by the Goya Awarded Urko Olazabal.

Best Show ACT International Festival for Emerging Performing Artists 2009

Creator, co-director and performer in 'Los jóvenes no saben lo que es llorar ni pasarse la vida corriendo', Winner of the International Festival for Emerging Performing Artists, ACT Festival.

Best Show Umore Azoka - International Street Art Festival 2006

Performer in the show 'Metáfora, el circo olvidado', Winner of the Umore Azoka 2006.

W R I T E R & D I R E C T O R

Best Original Score for 'Ama', FESCIMED 2020

Writer, director, actress and co-creator of the music for the short film 'Ama', Best Original Score at FESCIMED, the International Film Festival for the Democratic Memory. 'Ama' was also selected and screened at ZINEBI, International Film Festival qualifying for the OSCAR, BAFTA, GOYA and EFA Awards, FIAPF accredited.

Best Short Film and Best Script for 'Dam to Dam', Santurzine 2016.

Writer, director and actress.

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Prod and role name	Director	Date	Company
TELEVISION			
Querer S.A.V. - <i>supporting</i>	Alauda Ruiz de Azúa	2024	Kowalsky, Movistar+
GOYA Awarded Alauda Ruiz de Azúa, director of 'Cinco Lobitos' ('Lullaby'), candidate for representing Spain at the OSCARS .			
Ángela Bego - <i>supporting</i>	Norberto López Amado	2024	Buendía Estudios, Atresmedia
'Ángela' is Angela Black's Spanish remake. Director is a Hawaii International Film Festival Nominee and Miami Latin Film Festival Nominee.			
El Silencio (Muted) Silvia - <i>supporting</i>	Esteban Crespo, Gabe Ibañez	2023	Alea Prods, NETFLIX
Elena Sáenz was BEST SUPPORTING ACTRESS CANDIDATE for this role at Premios Unión de Actores 2024, the SAG-AFTRA Awards equivalent in Spain. This show was a world #1 NETFLIX series . Director Esteban Crespo, Nominee for the OSCARS in 2014. Director Gabe Ibañez, Nominee in Cannes Film Festival .			
Servir y Proteger Amparo Pedrezuela - <i>supporting</i>	Inma Torrente	2018	TVE
Elizabeth I's Secret Agents Mary Stuart Queen of Scots - <i>supporting</i>	Julian Jones	2017	72 Films for the BBC
This show was Nominated for a BAFTA TV Award and won Best RTS Television Award. Director Julian Jones is an Emmy Award Nominee . Produced by 72 Films, three-time consecutive Winner ' Best Independent TV Production Company ' 2021, 2022, 2023.			
Qué Vida Más Triste Nuria's Best Friend - <i>supporting</i>	Rubén Ontiveros	2008- 2009	La Sexta, Amazon Prime Video
FILM			
Sin Instrucciones Agente - <i>supporting</i>	Marina Seresesky	2024	Basque Films, La Pepa Films
Argentinian director Marina Seresesky is a GOYA Nominee, Winner at Málaga Spanish Film Festival, Palm Spring International Film Festival Nominee, Seattle International Film Festival Nominee and New York City Short Film Festival Winner .			
Cinco Lobitos ('Lullaby') Enfermera - <i>supporting</i>	Alauda Ruiz de Azúa	2022	Sayaka Prods
GOYA Awarded Alauda Ruiz de Azúa, director of 'Cinco Lobitos' ('Lullaby'), candidate for representing Spain at the OSCARS .			
La Masa (short) Abuela - <i>supporting</i>	Ella M. Kirby	2020	Serendipity Pictures Ltd
'La Masa' got three Nominations at Indie Short Fest 2020 .			
Ama (short) Mother - <i>supporting</i>	Elena Sáenz	2020	Elena Sáenz and Josu Trocaola
Written, directed and produced by Elena Sáenz, 'Ama' won Best Original Score (music created by E. Sáenz among others) at FESCIMED 2020 , International Film Festival for the Democratic Memory. Shot by multi awarded DoP Kenneth Oribe. 'Ama' was part selected and screened at ZINEBI , International Film Festival qualifying for the OSCAR, BAFTA, GOYA and EFA Awards, FIAPF accredited .			

FILM

Mithyabadi (short) Urko Olazabal 2018 Kuttuna Filmak
Carmen - *lead*

Written and directed by the GOYA Awarded Urko Olazabal, shot by the multi-awarded DoP Kenneth Oribe. Elena Sáenz, lead actress, won **BEST ACTRESS** at Mostra de Curtas Vila de Noia, International Film Festival **qualifying for the GOYA Awards**.

Trolley (short) Oscar Adams 2018 Chimpolata Prod
Eloisa - *lead*

Piedras (short) Elena Sáenz 2018 Elena Sáenz and Josu Trocaola
Ella - *lead*

Gernika Koldo Serra 2017 Pecado Films
María - *supporting*

Directed by multi-awarded **Koldo Serra**, director of the **huge NETFLIX success** 'La Casa de Papel' ('**Money Heist**') and 'Reina Roja' ('**Red Queen**'), **world #1 on Amazon Prime**.

Niña (short) Ella M. Kirby 2017 AVED Prod
Anna - *lead*

Shortfilm selected at the prestigious **Aesthetica Short Film Festival**.

Sugar! (short) Howard Stean 2017 Arepo Films
Mother/Nurse - *supporting*

Script and photography by Alberto Bona, **Winner of Portobello Film and Video Festival**. 'Sugar!' was awarded **Best Cinematography at Pentedatillo International Short Film Festival**.

Only Memories Remain (short) Kate Klevit 2017 UAL
Young Jean - *supporting*

Dam to Dam (short) Elena Sáenz 2016 Elena Sáenz and Urko Olazabal
Ella - *lead*

Best Short Film and Best Original Script at SANTURZINE 2016. Produced by Elena Sáenz and **GOYA Awarded** Urko Olazabal.

La Habitación (short) Diego H. Kataryniuk 2015 ByP Media
supporting

Multi-awarded director and producer Diego H. Kataryniuk, **Portobello Film and Video Festival (UK) and Screamfest (US)** Nominee among many others. ByP Media produced also the **massive NETFLIX success, multi-awarded** film 'El Hoyo' ('The Platform').

The Double (short) Grace Surnow/Daisy Zhou 2015 NYU Tisch
Spanish woman - *supporting*

Director and DoP Daisy Zhou, **Winner at Brooklyn International Film Festival. Best Cinematographer 2022**, 'The Film Stage'. Listed by Spike Jonze as one DoP he wishes to work with. Astonishing work for NIKE, Adidas, SuperBowl, Prada, Aston Martin, Sundance...

Things I Never Showed You (short) Maqui Gaona 2015 NYU
supporting

Award Winner at Sundance 2016 director Maqui Gaona.

Post Mortem (short) Jaione Daubagna 2014 ByP Media
Lucía - *lead*

Guillermo del Toro's 'Pan's Labyrinth' main actor, **Award winner**, Alex Angulo's last job before his early decease. ByP Media produced also the massive NETFLIX success, hugely awarded production 'El Hoyo' ('The Platform').

STAGE

The House of Bernarda Alba Martirio - <i>lead</i>	Jorge de Juan	2020	Spanish Theatre Company London/Cervantes Theatre
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The Spanish Theatre Company brings the best Spanish and Latin American culture to London and British audiences. Resident at Cervantes Theatre, London's first venue dedicated to showcasing Spanish and Latin American plays, performed both in Spanish and in English. Lorca's 'The House of Bernarda Alba' production directed by the **multi-awarded Spanish actor, director and producer** based in London, Jorge de Juan.

The House of the Spirits Férula - <i>supporting</i>	Paula Paz	2019	Spanish Theatre Company London/Cervantes Theatre
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Best Supporting Actress Nominee @ The Off West End Theatre Awards - The Offies 2019, London Awards for Independent Theatre Off West End, similar to Off Broadway. For my role in the Isabel Allende's 'The House of The Spirits' theatre adaptation, by Caridad Svich, **Winner of the 2011 American Theatre Critics Association Francesca Primus**. Paula Paz is a director and co-founder of The Spanish Theatre Company and the Cervantes Theatre in London.

Mírame Cuando Te Hablo Mujer - <i>lead</i>	Eva Guerrero	2013	DOOS Colectivo
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Directed by Eva Guerrero, director and choreographer, three times **Candidate to the MAX Awards**, the most prestigious Spanish Awards for the Stage Arts.

The Bear Elena Popova - <i>lead</i>	Jon Amuriza	2012	Teatro Universidad Deusto
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Production by the Theatre Company of Deusto University, theatre company that started back in the late 80's and where many of the most established Basque actors have performed on the early stages of their careers.

Drive Thru Elena - <i>supporting</i>	Nakhyun Kang	2011	BBK Arriaga
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Directed by Nakhyun Kang, filmmaker and theatre director from South Korea, one of the delegates selected as part of the UK-Korea Exchange Programme, supported by the British Council.

El Bolso Amarillo Raquel - <i>lead</i>	Ana Rodríguez Calvo	2009	Aura Teatro
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Theatre adaptation of Lygia Bojunga's 'A Bolsa Amarela', who received the Hans Christian Andersen Medal and winner of the Astrid Lindgren Memorial Award. Production by Aura Teatro, a theatre and dance company based in Bilbao for more than two decades and focused in children entertainment.

Los Jóvenes No Saben Lo Que Es Llorar Ni Pasarse... Marlene - <i>lead</i>	Elena Sáenz/David Quincoces	2009	<i>Best Show International ACT Festival</i>
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Directed and produced by Elena Sáenz and David Quincoces, Awarded **Best Show @ ACT International Festival for Emerging Performing Arts** in 2009. ACT Festival is also part of an international network of festivals together with BE Festival in Birmingham, ITs Festival in Amsterdam, SHORT Theater in Rome and MESS Festival in Sarajevo.

Objetivo Macbeth Alice - <i>lead</i>	Fernando Montoya	2007	BAI/ Teatro Barakaldo
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Written and directed by Fer Montoya, **Winner at Kosovo's Skena Up International Film and Theatre Festival**.

Retrovertigo Enfermera - <i>supporting</i>	Pete Brooks	2007	Central Saint Martins London
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Directed by Pete Brooks, co-artistic director at Imitating the Dog, British theatre company funded by Arts Council England. Mr. Brooks also teaches at the prestigious Central Saint Martins in London (UK).

Palm Grove Tales Abbilash Pillai 2006 School of Drama and Fine Arts Thrissur and Central Saint Martins London
Mujer - *supporting*

Directed by **multi-awarded** Indian director Abbilash Pillai and produced by the School of Drama and Fine Arts, Thrissur, Calicut University, and Central Saint Martins, University of the Arts London.

Music For The Deaf Jane Parrott 2005 Central Saint Martins London
Lead

Directed by Jane Parrott, director, production designer and therapist, from NYC, based in LA.

Metáfora El Circo Olvidado Zero Teatro 2005 *Best Show Umore Azoka 2005*
Clown - *lead*

Show **Winner** at the **International Street Art Festival Umore Azoka 2005**.

1+1=1 Eva Guerrero 2005 Plataforma Tirante
Mujer 1 - *lead*

Directed by Eva Guerrero, director and choreographer, three times **Candidate to the MAX Awards**, the most prestigious Spanish Awards for the Stage Arts.

FURTHER CREDITS

Audiobooks (in Spanish) recorded at **Pinewood Studios/Shepperton Studios (UK)** from 2017 to 2019. Among others, I am the voice for the audiobook '**Leadership in Turbulent Times**' in Spanish, 'Liderazgo en Tiempos Turbulentos', by **Doris Kearns Goodwin**, presidential historian, international keynote speaker, **Pulitzer Prize-winning and New York Times #1 best-selling author**. Audiobook recorded at Pinewood Studios/Shepperton Studios, **main TV and Film Studios in the UK**.

Stand for Lúcia Moniz on the film '**Listen**' (2019) directed by Ana Rocha and produced by Ouveme Ltd. Directed by multi-awarded Portuguese director Ana Rocha, the film 'Listen' was **Nominated Best Film at Venice Film Festival and Raindance Film Festival** among many others.

Voice in English for Puri Lapena, on the **World Service Documentary BBC Radio**, 'Cathedral of The Fallen' (2017), conducted by Giles Tremlett, historian, author and journalist that have been translated into half a dozen languages and **won the Elizabeth Longford Prize for Historical Biography** in 2018. The documentary was recorded, for **BBC Radio**, at **Whistledown Studios: one of the UK's leading independent audio production companies**, that **won Indie of the Year at the Audio Production Awards** in 2012, 2014 and 2016.


Supporting role on the **Iberia Christmas Commercial** (2007), directed by **multi-awarded** and based in the US director, Daniel Azancot, and produced by the **main Spanish advertising company**, TAPSA.

SKILLS

Languages	Spanish (Native), English, Basque.
Accents & Dialects	Castilian Spanish (Native). Argentinian, Latin American, Mexican.
Music & Dance	Contemporary Dance, Contact, Lindy Hop, Pop Singing, Ukelele.
Performance	Audio Books, Voice Acting, Actor Singer, Audio Drama, Children's Theatre, Outdoor Performances, Physical Theatre, Poetry Reading, Radio Drama, Strasberg Technique, Voice Over, ADR, Comedy, Corporate Role-play, Immersive Performance, Street Theatre.
Sports	Cycling, Pilates, Swimming, Yoga, Roller Skating, Basketball, Hula Hooping, Ice Skating, Surfing, Table Tennis.
Other Skills	Artist, Bartender, Event Manager, Law Graduate, Life Modeling, Narration, Painting, Photography, Pilates, Sewing, Writer.
Vehicle Licences	Car Driving License

TRAINING

Training with John Strasberg (NYC and Madrid)	2012 - Present
Bizkaiko Antzerki Ikastegia 4 years course	2003-2007
Hagen and Meissner Technique (Louis Esteban), Contact Improvisation (Olaf Kheler), Dance and Movement (Jorge Lastra, Natxo Montero), Mime and Pantomime (Juanjo Cuesta), Improv (Maite Agirre), Capoeira (Balú Sidney), Flamenco (Chua Alba), English Diction and Pronunciation for Film and Theatre (Julio Perillán)	2003-2012



Elena Sáenz is a Spanish actress who lived in London for several years, where she was nominated **Best Supporting Actress in a Play** at **The Offies - Off West End Awards 2019**, for her role as *Férula*, in *The House Of The Spirits*, produced by the Spanish Theatre Company. She was also awarded **Best Actress** at the **Mostra de Curtas Vila de Noia 2018**, for her main role in the short film *'Mithyabadi'*, written and directed by the Goya awarded **Urko Olazabal**. Currently based in Spain, her latest job can be seen on the **#1 Netflix series 'El Silencio' ('Muted')**. This year, she will be seen in *'Querer'*, the TV series directed by **Alauda Ruiz de Azúa ('Lullabay')**, as well as on the *Angela Black* Spanish remake among other productions. Elena has also written and directed a few internationally acclaimed short films.

LINK TO REEL

AWARDS AND NOMINATIONS

- 2024 Best Supporting TV Show Actress Candidate- Unión de Actores
- 2019 Best Supporting Actress in a Play Nominee - OFFIES The Off West End Awards
- 2018 Best Actress - Mostra de Curtas Vila de Noia
- 2009 Best Show International ACT Festival (actress & director)
- 2007 Best Show International Umore Azoka Festival - Metáfora (actress)
- 2020 Best Original Score FESCIMED - Ama (writer & director)
- 2016 Best Short Film & Best Script SANTURZINE - Dam To Dam (writer & director)

Spanish Agent Lourdes Naranjo

Elena Sáenz's IMDb

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